

Investigations

	<i>Bio</i>	<i>Psycho</i>	<i>Social</i>
<i>Immediate</i>	<ul style="list-style-type: none">• Physical• Bloods (to exclude organic & prepare for Rx)• Urine• ECG	<ul style="list-style-type: none">• Rating scales• Stage of change	<ul style="list-style-type: none">• Informant history• Family interview• GP
<i>Long term</i>	<ul style="list-style-type: none">• CT• MRI• EEG• Video-telemetry	<ul style="list-style-type: none">• Psychometric testing• Personality (SAP)• Risk assessment	<ul style="list-style-type: none">• Work colleagues• OT report• SW report (housing, finances)• Precipitants (life events)

Management

	<i>Bio</i>	<i>Psycho</i>	<i>Social</i>	<i>Services</i>
<i>Immediate</i>	<ul style="list-style-type: none"> • Medication • ECT 	<ul style="list-style-type: none"> • Psychoeducation 	<ul style="list-style-type: none"> • Corroborative history 	
<i>Long term</i>	<ul style="list-style-type: none"> • Medication (depot) • Augmentation • ECT • VNS • rTMS • Psychosurgery 	<ul style="list-style-type: none"> • Self-help • Ward groups • Day hospital • Compliance therapy • Maintenance therapy • Relapse prevention • CBT • CAT • IPT • DBT • Psychodynamic psychotherapy • Anger management • Supportive psychotherapy • Couple therapy • Guided mourning • Traumatic grief therapy • Motivational enhancement therapy • Family therapy • Perpetuating/relieving factors • Early symptom identification training • Behavioural techniques • Counselling (CRUSE) • EMDR 	<ul style="list-style-type: none"> • Support groups • Befriending • Day centres • Employment training • Supported employment • Housing • Key worker • AA • NA • Social skills training • Life skills training • Adult literacy • Benefits • Housing • Respite • Carers • Voluntary organisations 	<ul style="list-style-type: none"> • OPC • CPN • CPA • Solicitor